

2000 MIAC Women's Cross Country Individual Results

MIAC WOMEN'S 5K CHAMPIONSHIP
Como Golf Course, St. Paul
Oct. 28, 2000

Cloudy, 50, wind 4-8 mph

Results by Apple Raceberry JaM

Individuals

1. St. Olaf

3	Megan Daymont, So	18:59.4
6	Anne Sateren, Sr	19:08.5
7	Brigid Franey, Jr	19:12.2
8	Katie Milbrett, 5	19:14.1
12	Marit Grorud, Fr	19:31.2
16	Megan Magnall, Sr	19:53.8
18	Megan Call, Jr	20:03.9

Time = 1:36:05.3 Places = 36

2. Concordia

2	Heidi Brenden, Sr	18:47.1
4	Heather Brenden, Sr	19:03.9
9	Katie Martin, So	19:20.5
19	Beth Moen, Sr	20:04.4
22	Lisa Owen, Fr	20:10.9
41	Heather Shulstad, So	20:45.0
45	Kjerstin Larson, So	20:49.0

Time = 1:37:26.6 Places = 56

3. Carleton

14	Melinda Yale, Jr	19:44.0
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15	Laura Bloedorn, So	19:49.8
23	Andrea Grunst, Fr	20:12.1
24	Melissa Grunst, Fr	20:12.4
29	Emily Scotton, Jr	20:20.3
32	Kate Ihle, Sr	20:26.4
38	Muggy Lee, Jr	20:35.5

Time = 1:40:18.5 Places = 105

4. Bethel

10	Angela Wolkowski, Jr	19:28.6
11	Rachel Bjorklund, Sr	19:29.0
26	Denay Boyd, So	20:13.1
33	Amy Haufschild, So	20:27.8
53	Anna Stegeman, So	21:05.6
55	Kelly Johnson, So	21:15.8
63	Jackie Danforth, Sr	21:33.4

Time = 1:40:44.0 Places = 133

5. Macalester

5	Liz Connors, 5	19:06.9
21	Lesley Benton, So	20:10.4
25	Renee Schaefer, Fr	20:12.7
35	Marnie Christensen, So	20:28.9
59	Ann Townsend, So	21:26.0

67	Laura Moench, Fr	21:47.4
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72	Lucinda Lawson, Jr	22:12.3
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Time = 1:41:24.9 Places = 145

6. Gustavus Adolphus

17	Laura Graen, Sr	20:00.1
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20	Laura Moses, Fr	20:10.0
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30	Stef Lenz, Sr	20:22.7
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44	Stacie Bulfer, Fr	20:48.7
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47	Anah Huggenvik, Fr	20:52.5
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48	Hilary Doll, Fr	20:52.9
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50	Rachel Schwingler, Fr	20:59.4
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Time = 1:42:13.8 Places = 158

7. St. Benedict

27	Colleen Gross, Sr	20:14.7
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28	Nicole St. Clair, Jr	20:15.0
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31	Beth Sexton, Jr	20:23.0
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34	Jennifer Sayler, Jr	20:28.2
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40	Cindy Goodwin, Fr	20:44.6
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42	Johanna Myers, Jr	20:47.7
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43	Anne Ceronsky, Jr	20:48.0
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Time = 1:42:05.3 Places = 160

8. St. Thomas

1	Kelly Faris, Sr	18:23.2
36	Lindsey Hansen, So	20:29.6
39	Becky Mooney, Jr	20:44.2
49	Alana Lucio, Fr	20:53.4
52	Abby Olson, Fr	21:05.4
57	Sara Kittelson, Jr	21:21.3
60	Sara Conrad, Jr	21:28.4

Time = 1:41:35.6 Places = 177

9. Augsburg

13	Chrissy Baune, Jr	19:32.6
37	Teresa Lewandowski, Sr	20:33.1
74	Marit Thorsgard, Jr	22:46.6
76	Julie Peterson, Sr	23:01.9
78	Laura Mc Gehee, Jr	23:14.6
79	Danielle Slack, Fr	24:03.1
80	Jaime Kingsley, Sr	24:28.7

Time = 1:49:08.6 Places = 278

10. Hamline

46	Abby Peterson, Fr	20:52.1
56	Jenny Maxted, Jr	21:16.8

61	Thea Strand, Jr	21:30.4
62	Jenna Parish, Sr	21:32.6
69	Sara Knoll, Jr	21:55.8
75	Lisa Wojahn, So	22:50.9
77	Marie Clauson, So	23:04.6

Time = 1:47:07.6 Places = 294

11. St. Mary's

51	Renee Willkom, Fr	21:02.6
58	Missy Mollick, So	21:21.6
64	Abby Katzner, So	21:34.3
65	Colleen Bourque, So	21:44.2
66	Theresa Miller, So	21:44.8
68	Emilee Conley, So	21:55.2
71	Julia Guhin, Sr	22:04.9

Time = 1:47:27.3 Places = 304

12. St. Catherine

54	Katie Fuhrman, Jr	21:11.8
70	Michelle Riesgraf, Jr	22:02.0
73	Dawn Strom, Jr	22:24.7
81	Catherine Alexander, Fr	24:50.2
82	Beth Hayden, Jr	24:51.0
83	Clara Burgert, So	26:04.7

84 Kirsten Klappa, Fr 27:53.0

Time = 1:55:19.6 Places = 360

TEAM

PLACE	SCORE	FINISHER	TIME	TEAM
1	1	Kelly Faris, Sr	18:23.2	St. Thomas
2	2	Heidi Brenden, Sr	18:47.1	Concordia
3	3	Megan Daymont, So	18:59.4	St. Olaf
4	4	Heather Brenden, Sr	19:03.9	Concordia
5	5	Liz Connors, 5	19:06.9	Macalester
6	6	Anne Sateren, Sr	19:08.5	St. Olaf
7	7	Brigid Franey, Jr	19:12.2	St. Olaf
8	8	Katie Milbrett, 5	19:14.1	St. Olaf
9	9	Katie Martin, So	19:20.5	Concordia
10	10	Angela Wolkowski, Jr	19:28.6	Bethel
11	11	Rachel Bjorklund, Sr	19:29.0	Bethel
12	12	Marit Grorud, Fr	19:31.2	St. Olaf
13	13	Chrissy Baune, Jr	19:32.6	Augsburg
14	14	Melinda Yale, Jr	19:44.0	Carleton
15	15	Laura Bloedorn, So	19:49.8	Carleton
16	16	Megan Magnall, Sr	19:53.8	St. Olaf

17	17	Laura Graen, Sr	20:00.1	Gustavus Adolphus
18	18	Megan Call, Jr	20:03.9	St. Olaf
19	19	Beth Moen, Sr	20:04.4	Concordia
20		Katie Storlie, Sr	20:08.2	St. Olaf
21	20	Laura Moses, Fr	20:10.0	Gustavus Adolphus
22	21	Lesley Benton, So	20:10.4	Macalester
23	22	Lisa Owen, Fr	20:10.9	Concordia
24	23	Andrea Grunst, Fr	20:12.1	Carleton
25	24	Melissa Grunst, Fr	20:12.4	Carleton
26	25	Renee Schaefer, Fr	20:12.7	Macalester
27	26	Denay Boyd, So	20:13.1	Bethel
28	27	Colleen Gross, Sr	20:14.7	St. Benedict
29	28	Nicole St. Clair, Jr	20:15.0	St. Benedict
30		Mary Reid, Sr	20:15.7	St. Olaf
31		Kjersten Johnson, Fr	20:18.5	St. Olaf
32	29	Emily Scotton, Jr	20:20.3	Carleton
33	30	Stef Lenz, Sr	20:22.7	Gustavus Adolphus
34	31	Beth Sexton, Jr	20:23.0	St. Benedict
35	32	Kate Ihle, Sr	20:26.4	Carleton
36	33	Amy Haufschild, So	20:27.8	Bethel
37	34	Jennifer Sayler, Jr	20:28.2	St. Benedict
38	35	Marnie Christensen, So	20:28.9	Macalester
39	36	Lindsey Hansen, So	20:29.6	St. Thomas
40		Alison Bonow, Sr	20:30.0	St. Olaf

41	37	Teresa Lewandowski, Sr	20:33.1	Augsburg
42	38	Muggy Lee, Jr	20:35.5	Carleton
43		Jill McKiernan, Fr	20:35.9	Carleton
44		Katie Moncton, So	20:42.2	Carleton
45		Sarah Paul, Jr	20:43.9	Carleton
46	39	Becky Mooney, Jr	20:44.2	St. Thomas
47	40	Cindy Goodwin, Fr	20:44.6	St. Benedict
48	41	Heather Shulstad, So	20:45.0	Concordia
49	42	Johanna Myers, Jr	20:47.7	St. Benedict
50	43	Anne Ceronsky, Jr	20:48.0	St. Benedict
51		Jessica Deutsch, Fr	20:48.4	Carleton
52	44	Stacie Bulfer, Fr	20:48.7	Gustavus Adolphus
53	45	Kjerstin Larson, So	20:49.0	Concordia
54		Sarah Eck, Sr	20:49.6	St. Olaf
55		Crissy Johnson, Sr	20:49.9	St. Benedict
56		Sindy Lopez, Sr	20:50.2	St. Olaf
57		Suzanne De Paulo, Sr	20:51.2	St. Olaf
58		Alison Traffanstedt, Fr	20:51.8	Carleton
59	46	Abby Peterson, Fr	20:52.1	Hamline
60	47	Anah Huggenvik, Fr	20:52.5	Gustavus Adolphus
61	48	Hilary Doll, Fr	20:52.9	Gustavus Adolphus
62	49	Alana Lucio, Fr	20:53.4	St. Thomas
63	50	Rachel Schwingler, Fr	20:59.4	Gustavus Adolphus
64		Nicole Mauriello, Fr	20:59.6	Carleton

65	51	Renee Willkom, Fr	21:02.6	St. Mary's
66		Kristine Hup, So	21:02.9	St. Olaf
67		Emily Judd, Fr	21:04.4	Concordia
68	52	Abby Olson, Fr	21:05.4	St. Thomas
69	53	Anna Stegeman, So	21:05.6	Bethel
70		Karen Larson, Sr	21:05.9	St. Olaf
71		Britt Carlson, Fr	21:11.1	St. Olaf
72	54	Katie Fuhrman, Jr	21:11.8	St. Catherine
73		Sarah Nelson, Jr	21:13.0	St. Benedict
74		Jody Miesel, Sr	21:13.6	St. Olaf
75		Mary Keane, Jr	21:14.9	St. Benedict
76	55	Kelly Johnson, So	21:15.8	Bethel
77		Keren Schallman, So	21:16.3	Carleton
78	56	Jenny Maxted, Jr	21:16.8	Hamline
79		Naomi Hill, So	21:17.2	Concordia
80		Allison Hales, Jr	21:17.4	St. Olaf
81		Rebecca Peterson, Fr	21:18.3	St. Olaf
82		Nicole Bergman, Sr	21:19.0	St. Olaf
83		Sara Skrlin, Sr	21:20.5	Carleton
84		Cindy Blendermann, Fr	21:20.9	St. Benedict
85	57	Sara Kittelson, Jr	21:21.3	St. Thomas
86	58	Missy Mollick, So	21:21.6	St. Mary's
87		Taylor Page, So	21:24.2	Carleton

88	59	Ann Townsend, So	21:26.0	Macalester
89		Maren Flynn, Jr	21:28.1	St. Olaf
90	60	Sara Conrad, Jr	21:28.4	St. Thomas
91		Tessa Pierson, Jr	21:29.3	St. Olaf
92		Tracy Grefsrud, Jr	21:29.9	Gustavus Adolphus
93	61	Thea Strand, Jr	21:30.4	Hamline
94	62	Jenna Parish, Sr	21:32.6	Hamline
95	63	Jackie Danforth, Sr	21:33.4	Bethel
96		Mindy Rietz, Sr	21:33.9	Gustavus Adolphus
97	64	Abby Katzner, So	21:34.3	St. Mary's
98		Liz Sorenson, So	21:34.6	Concordia
99		Abby Love, Fr	21:41.5	St. Olaf
100		Liz Book, So	21:43.9	Concordia
101	65	Colleen Bourque, So	21:44.2	St. Mary's
102	66	Theresa Miller, So	21:44.8	St. Mary's
103	67	Laura Moench, Fr	21:47.4	Macalester
104		Janet Dieter, Fr	21:48.2	Bethel
105		Laura Yudt, Sr	21:49.4	Gustavus Adolphus
106		Katie Gruner, Fr	21:53.0	St. Olaf
107		Anna Pfeiffer-Hoyt, Sr	21:53.8	Carleton
108		Sarah Kenutis, Fr	21:54.3	Bethel
109	68	Emilee Conley, So	21:55.2	St. Mary's
110	69	Sara Knoll, Jr	21:55.8	Hamline
111		Lindsay Schwab, Sr	21:57.6	St. Benedict

112	70	Michelle Riesgraf, Jr	22:02.0	St. Catherine
113		Sarah Olson, So	22:04.6	St. Olaf
114	71	Julia Guhin, Sr	22:04.9	St. Mary's
115		Kristin O'Connell, Fr	22:05.7	Carleton
116		Julie Schmitz, Sr	22:07.2	St. Benedict
117		Leslie Dukerschein, Jr	22:08.6	St. Benedict
118		Traci Bartz, So	22:10.3	St. Olaf
119	72	Lucinda Lawson, Jr	22:12.3	Macalester
120		Julia O'Donoghue, So	22:15.4	Macalester
121		Sara Daymont, Sr	22:21.9	St. Olaf
122		Anna Shields, Fr	22:22.2	St. Mary's
123		Rachel Pedersen, Fr	22:23.6	St. Olaf
124		Kathleen Pelto, Jr	22:24.5	Gustavus Adolphus
125	73	Dawn Strom, Jr	22:24.7	St. Catherine
126		Kim McMichael, Sr	22:25.6	Gustavus Adolphus
127		Wendy Rychwalski, Sr	22:30.0	St. Benedict
128		Emily Hagen, Fr	22:30.9	St. Olaf
129		Candace Crockett, So	22:32.0	St. Olaf
130		Kaitlin Cutter, Fr	22:32.8	St. Olaf
131		Natalie Cossetta, Fr	22:33.2	St. Mary's
132		Jillian Koch, So	22:35.0	St. Benedict
133		Emily Hauke, So	22:38.0	St. Benedict
134		Sarah Steingas, Fr	22:40.3	St. Olaf
135		Amy Henjum, Jr	22:43.0	St. Mary's

136		Kayla Crank, Fr	22:43.8	St. Olaf
137		Elen Halvorson, Jr	22:44.6	Concordia
138		Denae Schuldt, Jr	22:45.5	Gustavus Adolphus
139		Hannah Palmer, Fr	22:46.3	Macalester
140	74	Marit Thorsgard, Jr	22:46.6	Augsburg
141		Becca Scully, Fr	22:48.5	St. Benedict
142	75	Lisa Wojahn, So	22:50.9	Hamline
143		Valerie Bukstein, So	22:52.7	Gustavus Adolphus
144		Joy Kauffman, Sr	22:54.9	Bethel
145		Victoria Patrek, So	22:55.8	St. Olaf
146		Katie Waters, So	22:56.4	Bethel
147		Kara Schulz, Sr	22:58.3	Bethel
148		Kelly Boerner, Fr	22:58.7	St. Olaf
149		Kim Koch, Fr	23:00.6	Concordia
150	76	Julie Peterson, Sr	23:01.9	Augsburg
151		Kathy Kalal, Fr	23:03.2	Concordia
152		Holly Apland, Sr	23:04.2	St. Benedict
153	77	Marie Clauson, So	23:04.6	Hamline
154		Sarah Peil, Jr	23:05.1	St. Thomas
155		Jacquelyn Packard, Jr	23:05.9	Bethel
156		Nora Chase, Fr	23:08.6	St. Olaf
157		Susan Bellin, Fr	23:10.4	St. Benedict
158		Anne Jolivette, So	23:12.5	St. Olaf

159		Ashley Hildred, Fr	23:13.9	Macalester
160	78	Laura Mc Gehee, Jr	23:14.6	Augsburg
161		Emily Reynolds, So	23:15.5	Macalester
162		Deana Gruenhagen, Sr	23:16.4	St. Olaf
163		Bridget Daniel, So	23:19.6	Gustavus Adolphus
164		Laura LaVigne, Sr	23:28.3	St. Mary's
165		Rachelle Price, So	23:28.6	Bethel
166		Sarah Sevcik, Fr	23:32.9	St. Olaf
167		Amber Beck, Fr	23:34.9	St. Thomas
168		Kristin Larson, Sr	23:35.7	Gustavus Adolphus
169		Liz Bird, Sr	23:36.8	Carleton
170		Mary Stein, Jr	23:38.0	St. Benedict
171		Kathy Sherman, Jr	23:42.3	St. Mary's
172		Traci Kotchian, Jr	23:45.9	Concordia
173		Kelly Unger, Sr	23:52.7	St. Benedict
174		Sadie Altringer, Sr	23:54.4	Hamline
175		Sarah Hoffman, Fr	23:56.8	St. Olaf
176		Emily Brothers, So	23:57.6	St. Olaf
177	79	Danielle Slack, Fr	24:03.1	Augsburg
178		Kelly Spitzley, Fr	24:08.7	St. Olaf
179		Jenny Liethen, Sr	24:09.8	St. Thomas
180		Pamela Parnell, Fr	24:10.4	St. Olaf
181		Sarah Wilson, Sr	24:10.8	St. Olaf
182		Kirsten Shourt, So	24:11.1	St. Olaf

183		Laura Glaeser, So	24:13.8	Macalester
184		Michelle Blenker, So	24:21.2	Hamline
185		Erin Peterson, So	24:23.1	St. Olaf
186		Jody O'Kash, Jr	24:24.1	Bethel
187	80	Jaime Kingsley, Sr	24:28.7	Augsburg
188		Anna Pouliot, So	24:30.6	Gustavus Adolphus
189		Yasuyo Shimizu, Jr	24:33.0	Carleton
190		Reghann LaFrance, Sr	24:37.3	St. Mary's
191		Katie Weldon, Sr	24:39.6	St. Benedict
192		Emily Duffelmeyer, So	24:44.7	Macalester
193		Ingrid Olson, Fr	24:49.2	Gustavus Adolphus
194	81	Catherine Alexander, Fr	24:50.2	St. Catherine
195	82	Beth Hayden, Jr	24:51.0	St. Catherine
196		Bree Ray, So	24:53.4	Bethel
197		Sarah Chambers, So	24:54.0	St. Olaf
198		Mimi Fystrom, Fr	25:05.4	Concordia
199		Emi Baldoni, Jr	25:12.3	Macalester
200		Leah Bjorklund, Jr	25:15.9	Bethel
201		Mary Robert Nahm, Jr	25:16.2	Macalester
202		Amy Black, So	25:16.5	St. Mary's
203		Elizabeth Shaw, Jr	25:19.0	St. Olaf
204		Juliana Hoffman, Fr	25:28.5	St. Mary's
205		Liz Cassel, So	25:43.7	Carleton
206		Heather Adams, Jr	25:47.3	St. Benedict

207		Liz Gonda, Fr	25:52.5	Bethel
208	83	Clara Burgert, So	26:04.7	St. Catherine
209		Jennifer Schroeder, Jr	26:12.6	Augsburg
210		Teresa Angier, Sr	26:16.9	Gustavus Adolphus
211		Jessica Risco, Jr	26:18.9	Gustavus Adolphus
212		Amy Frost, Fr	26:41.8	Bethel
213		Stephanie Djerf, So	27:25.7	St. Benedict
214		Amanda Neiken, So	27:51.5	St. Benedict
215	84	Kirsten Klappa, Fr	27:53.0	St. Catherine
216		Andrea Goetz, Fr	29:43.4	St. Catherine
